

Unmasking the Truth About Stalking in Somerset

Stalking is a serious issue that affects countless people across the UK, yet myths and misconceptions often prevent victims from getting the support they need.

This new blog, launched in Stalking Awareness Week, aims to set the record straight, using data-driven insights to debunk common myths about stalking and highlight the support available in Somerset.

From exposing the reality that stalking is not a rare crime to clarifying that it's not just something celebrities face, the blog provides a clear and factual look at this often-misunderstood issue. It also offers practical advice on recognising stalking behaviours and accessing help.

The campaign highlights the support available for those experiencing stalking, including:

- [National Stalking Helpline](#): 0808 802 0300
- [Paladin National Stalking Advocacy Service](#): 020 3866 4107

If you are being stalked by someone you are/have been in a relationship or a close family member then that is domestic abuse, and you can get support here:

- [Somerset Domestic Abuse](#): 0800 69 49 999

For the full story and to learn more about the realities of stalking, read our latest blog: [Understanding stalking – beyond the myths](#)

#StalkingAwarenessSomerset #FactsNotMyths #SomersetStalkingAwareness

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Meta Description: Discover the truth about stalking in Somerset with our latest blog. We debunk common myths, share key statistics, and offer practical advice for recognising stalking behaviours and accessing support services in Somerset.

Keyword phrases: stalking awareness Somerset, myths about stalking, stalking facts, stalking support Somerset, National Stalking Helpline, Somerset Domestic Abuse Helpline, understanding stalking, stalking help UK, signs of stalking, domestic abuse support Somerset, stalking victims support, stalking awareness campaign, stalking statistics UK, Somerset stalking support, how to report stalking, stalking behaviours, online stalking help, stalking misconceptions